How to Administer Diastat® AcuDial (Diazepam rectal gel)

- Identify someone to call 9-1-1

- Turn student on side where they can’t fall
- Put on gloves

- Remove medication (syringe) from container

  (Note: Seal pin is attached to the cap)

- Push up with thumb and pull to remove protective cap from syringe tip
  (Be sure seal pin is removed with the cap)

- Lubricate rectal tip with lubricating jelly from kit

- Turn student on side facing you and lower clothing
- Bend upper leg forward to expose rectum.

- Separate buttocks to expose rectum.

- Gently insert lubricated syringe tip into rectum. (Rim of syringe should be against rectal opening)

- Slowly count to three (3) while gently pushing plunger until it stops.

- Slowly count to three (3) before removing syringe from rectum.

- Slowly count to three (3) while holding buttocks together to prevent leakage.
• Keep student on their side, note the time Diastat® was given, continue to observe until EMS arrives

• Give EMS the used Diastat® syringe (Note: you may recap the syringe)

• Document the administration of Diastat® in the student’s Medication Administration Record

(Modified from Diastat® AcuDial product instructions, May 2009)